

The Landscape Nerd: Autism Nature Trail

This is most of the information I used- I do my best to account for all of the resources I come across or have incorporated into the episode. If there is more information that you would like to see added to this list- Let me know and email me thelandscape nerd@gmail.com.

It is often overlooked how isolating the landscape experience can be for autistic minds. Many people in the autistic community desire outdoor spaces where they feel safe and able to connect with others. In this episode, we speak to the organizers and a founder of the Autism Nature Trail located in Letchworth State Park. This unique trail is geared toward autism families and building confidence in outdoor spaces.

Helpful Links and Transcription are below:

<https://autismnaturetrail.com/>

<https://www.templegrandin.com>

<https://www.cuh.nhs.uk/our-people/neurodiversity-at-cuh/what-is-neurodiversity/>

<https://www.health.harvard.edu/blog/what-is-neurodiversity-202111232645>

Harris, K., Rosinski, P., Wood-Nartker, J. et al. Developing Inclusive Playgrounds That Welcome All Children—Including Those with Autism. *Rev J Autism Dev Disord* (2022).

<https://doi.org/10.1007/s40489-022-00345-3>

[00:00:00] Hello. And welcome back to the landscape nerd podcast, where being nerdy is the advantage to building better spaces. Now. You do not need to know anything about landscape or design or be particularly outdoorsy to enjoy this podcast, but you'll probably learn a lot just by listening along. And if you're already here, that means you're just a little bit curious about how.

We make outdoor spaces and I'm all for it. My only goal is to help you learn at least one new thing today. I am Maci Nelson. I am your resident nerd guide. I'm a landscape designer who just stumbled into podcasting and journalism because I kept finding out really cool things about landscape. And I thought that you might want to know about it.

And today we're actually going to talk about one of my favorite topics. And that's autism in landscape.

Is it a big topic? Yes. Is it a serious topic? Also yes, but relax. [00:01:00] We can handle it. We can learn big complex things together because I believe in us. But also, this is a really big topic. It's not like we could cover it in one episode anyways. So please just think of it as an intro and a beginner conversation on what autism and landscape even looks like. So let whatever sticks with you, stick with you. You can always come back to the episode whenever you want.

If you have any connection to autism whatsoever, whether you are autistic or you have family or friends who are, or you have, you know, family, friends, or whatever. You're going to want to listen to this episode because it offers a lot of information and like design principles based on nuances that come up from.

The community and living that life that you probably wouldn't read in a book, or even if you ask someone directly, it may not come up.

So [00:02:00] today. We're going to learn about the Autism Nature Trail located in Letchworth state park. In New York state and we are going to speak with. Gail servanty Jen Hackett and Brittany Johnson.

This episode is really important to me because I am a mother to an autistic child.

I am very open about our experiences in landscape. And I share a lot of stories, through social media about what we experience or see or do. And I try to put it out there that our interactions with space are just a bit different, and I may not have the words to properly convey how they're different. So that's why I use a lot of visuals to show people. But if you have any questions, feel free to reach out.

But this episode is not going to be about me and Lincoln. It's going to be about the people who are coming together to create a space that puts autism first. And I think we'll start with. Making sure we're all on the same page and understanding [00:03:00] what is autism.

It's defined as a neurodevelopmental condition of variable severity with lifelong effects that can be recognized from early childhood. Chiefly characterized by difficulties with social interaction and communication

it's also important to note that autism is found. Through all ethnicities races, socioeconomic classes and whatever. It's a condition that affects every kind of group. And it's becoming more and more common. Or at least the prevalence rate is increasing. So right now it's one in every 44 children are being diagnosed with autism. And when I heard this number, I was like, that is a lot.

Because one in 44 is a lot, but one in 44 children. It's like how many do you know? 44 children? I don't know. Like I don't, so one in 44 is a big number for a population. But it's still a very low number when it comes to social interaction. does that make sense Okay. So [00:04:00] My son Who is the reason why i love this topic so much was diagnosed with autism At age four and he's about to be six . He had a lot of the stereotypical behaviors like toe walking delayed or no speech in this case Low eye contact, no interest in playing with others no interest in pretend playing He was really fixated on like certain routines and patterns and he had very obvious stimming and stimming it's something that everyone does it's the way you like regulate your nervous system but Stereotypical autistic stimming is like Spinning or flapping your hands so it's just more obvious .

What does that really mean? It just means that For us It's We live a very different lifestyle and i don't know any other way of operating But i do recognize that it's very different from the way my family members and friends live their lives and because this is a landscape nerd [00:05:00] family It means we spend a lot of time outside however there aren't that many places where I feel comfortable taking my very different Child to, because Yeah it's he's louder he's more outgoing he does

riskier stuff We don't behave neuro typically and in outdoor spaces They're usually designed for neuro-typical people And It's just a different way of exploring spaces when you have an autistic child or you have an autistic mind There's so many different ways of operating And there's so many different ways that our brains think that when you design an outdoor space based on one way of Thinking you potentially miss out on a lot of very interesting and unique experiences that you can provide for users So that is what led me to start searching [00:06:00] for autistic friendly spaces and that's when i came across the autism nature trail

It is a loop with several different stations. That are geared towards autistic families. So not even just, one autistic person it's about embracing the entire family experience in the outdoors.

Real quick, let's give a description. Of the different stations. I think that will be helpful for everyone to understand why this place is so unique. So there are 1, 2, 3, 4, 5, 6, 7, 8, 9, 9 stations. I think.

The Trailhead pavilion, a sensory station, sunshine slope, music circle reflection, null meadow run, and climb, a design zone, playful path, and a celebration station.

Also, I will post a picture of the trail plan on Instagram and it'll also be available on the resources page for this episode on the website all right. Let's get started.[00:07:00]

Gail: Okay, so I will start. I'm Gail Serventi and I am one of the three co-founders of the Autism Nature Trail. Actually, it was Lauren Penman and Susan Herrnstein, who first came up with the idea, and then they brought me on board. Knowing that I had a clinical background, I was a speech language pathologist, so they wanted to know what my thoughts would be on if we had a trail devoted to those with autism and other developmental disabilities, what might it look like?

So anyway, that's my intro and Jan

Jen H: So I am Jen Hackett and I am the Executive Director of Camp Puzzle piece. We are a not-for-profit that has. Started in 2013 and our mission is to work with families to help them to become more active in the community, [00:08:00] and to. help them by teaching the skills and providing opportunities where families could do things such as hike and go away on, vacations together.

Do things in nature like paddleboard and kayak, and do all the things that so many other families do that other families. That the families we serve don't get an opportunity to do , as a teacher for 27 years and , working with students mainly with autism, I saw how there was, just this underserved population, not just for the individuals with disabilities, but also.

The families and looking at the whole family unit, seeing the siblings and the parents and the need to connect. And it was just a kind of natural fit when. That came to talk to me about, my ideas and, how I could be an advisor on the, , the committee at the beginning and then, just [00:09:00] move right into being the program director for the work we're doing on the trail.

So we provide programming on the trail. Every weekend we have themes and ways to try to engage people and get people out there doing something fun and being more comfortable in nature.

Britt: I am Brittany Johnson. I am a teacher, a special ed teacher in Perry. I teach a 1211 classroom. Room. All my kiddos have autism. And I came in late to the game with the whole nature trail. I just started my second year being the sensory destination coordinator. So I had a lot of learning to do about how the trail started.

And I am doing training businesses to become aunt friendly businesses. In our communities trying to embrace a neurodiverse population and teach businesses how they can [00:10:00] accommodate our population more.

I'm excited to hear more about the work. So how would you describe the autism nature trail?

Gail: I think first it would be good to give you a little bit of history on the evolution of the trail.

Way back in 2014, Lauren Penman and Susan Herrnstein were at a fundraising event for what was going to be the Humphrey Nature Center at Letchworth State Park

it was the first time they met one another and they were talking, very excited about. What the Humphrey Nature Center would be.

And Susan started talking and saying, gee, wouldn't it be great? If we could have a nature trail in close proximity to the Humphrey Nature Center. And Lauren, it was a New York State Parks Commissioner for the Genesee region and she said, hey, there's an existing cross-country [00:11:00] ski trail directly behind the Humphrey Nature Center.

And it's a loop configuration. It is one mile in length. So they both got a little excited and then as they shared more information, Susan started talking about her grandson, who is on the autism spectrum and say he lives in New York City and just saying, my, there aren't that many places where I can bring, where my son can bring his son and family and to feel comfortable out in public exploring recreation and activities.

And then Lauren said that's interesting because I have a neighbor who also has an autistic grandson and she shared the story that whenever she brings her grandson to Letchworth State Park and to back up, the grandson was often in an agitated state, but [00:12:00] when he would go to Letchworth State Park, he would calm right down.

Being out in nature.

So anyway so as they both got a little more excited, they said, Hey, wouldn't it be great if we created a nature trail devoted to those with autism, other developmental disabilities, but it would be a nature trail for everybody to explore. So that was when Susan said, you know what, let me contact Gail Cervini knowing that I was a

Pathologist and so I met with them and so instantly, I said it's gotta be sensory focused. Knowing that the greater majority of individuals on the autism spectrum have some kind of sensory issues, and beyond that, some gross motor issues, balance issues. . So after the three of us met, we spent six months reaching out to different professionals and Lauren was able to connect to Temple [00:13:00] Grandin .

Okay. So I just need to mention the whole temple Grandin thing, because this is a big deal. If. Anyone who knows, or is involved with autism or autism advocacy knows about Dr. Temple Grandin.

She is just known for being a very like prominent author and speaker on both autism and animal behavior. She is a professor on animal science at Colorado state university. She is identified as autistic and she wants. Children on the spectrum to have successful careers and she advocates for making sure that.

Children on the spectrum have a bunch of different experiences. So that way they can find. Interests that can lead into careers like for her it wasn't until she went to her aunt's ranch i think and that is where she understood that she Loved Loved animals and working with them so The fact that this [00:14:00] giant in the advocacy field Is consulting and or supporting is like a really big deal

Gail: . In her couple of conversations with Temple Grandon Temple said, okay, if you have a nature trail, there are some guiding principles that you really must adhere to. Number one, have it in deep nature. Don't have it in a city park where there's traffic going by, and loud noises should be in deep nature.

Number two, have consistent and predictable elements on your trail so that the individual who is fearful of the unknown can look ahead and say, There is, we have a stone marker, a six foot tall stone marker. At the start of every station that we have little stone cans the, that look like up upright snowman or that actually represent the ant body, the three sections of the [00:15:00] antibody.

We have 38 of those wayfinding markers along our. She also said what you need on the trail is when an individual might become uncomfortable, might have some whatever outbursts, breakdowns you need places off of the trail to provide comfort to that individual. And so we have what are called alone zone.

And then lastly, she said, you know what, it should be a loop configuration. There should be a consistent beginning and an ending so that there can be closure for that individual on the spectrum. We definitely adhere to those guiding principles

this brings Jen into the picture. So once we we met with, after we did our research, and we're really excited about the project. And we consulted with experts. We met with parks folks and New York State Parks folks said, here's the deal.

We love your idea, and we [00:16:00] are, we will absolutely would love you to construct a an autism nature trail on our property. We, there's 12 acres behind the Humphrey Nature Center with this existing cross-country ski trail, but here's the.

You have to completely privately fund this for construction and for endowment far into the future.

So they gave us our marching orders and we said, boop, okay, yep, we'll do that. So then we started reaching out to local folks, and that's where Jen comes in. Jen, heard our story and.

Was right on board. So what we did initially, we. Had an advisory panel of clinical folks, OTs, p pt, several speech language pathologists. Jen as a special educator, we had a behavioral specialist. We had some we had some college professors. We had four college professors one from North.

Eastern [00:17:00] three from Ithaca College. That's where I went to school. And we had a, an administrator, so we had 17 panelists, and then we had a design team. And that w they were composed of two landscape architects. And a natural play scape designer Rusty Keeler, who has a business called Earth Play. He designs naturally composed playgrounds, and then the fourth person was.

A well credentialed occupational therapist, Amy Lorent. And she has, many publications. She now has a business called Autism Level Up. And so anyway, they were the design team.

Maci: And the other landscape architect was TWM landscape architects. They're also known now under the Fisher associates, umbrella. If you all want a followup episode with the designers, I will reach out to them and we'll [00:18:00] put that together. This episode is really just about the intention and how a small group of people created something really huge.

Jen H: So we have the trail was built and it's beautiful. And then it was how do we help families to get out there? So one of the things we do with camp puzzle piece is we know sometimes people will come and they can make it out of the parking lot, they can get out of the car, and then they're right back in.

So we We're working alongside we were taking pictures, we were doing creating social stories, creating picture schedules creating all sorts of different activities that would be engaging and help to build confidence. With the cut through on the trail, we do have, sometimes somebody comes, they can do one or two stations and then they do the cut through and we work with parents and tell them that.

If they [00:19:00] get through one station, we celebrate that. We honor that, and then we love it when families are coming back for four or five times and then they finally make it all the way around. And that's the win because this is a great a great space that's comfortable, non-judgmental engaging. It's Provides opportunities to work on sensory regulation.

And so with that in mind, and then having all those opportunities, success breeds success. So being able to go out and have the opportunity on the autism nature trail is the beginning. The end goal is to be able to go to any trail, anywhere and to build that love of nature and hiking. . And so we just love to see families come time and time again.

And we have individuals of all ages come. So it's really great to see individuals who have never really been into [00:20:00] nature because maybe they haven't been successful.

Have this opportunity to be successful. And then we have themes every weekend also. One of the things that many individuals with disabilities miss out on is that rich curriculum, and especially when it comes to science and exploration, because they get pulled out for speech and OT and PT and all these different, they need so much help in other areas that they miss.

and they love it all. Actually the parents love it too. . So we do these different, educational weekends. Sometimes it's more of an engagement, like we have Lego weekend, but most of our weekends are theme-based with nature themes like owl pellets or bugs. And then we have books and we have resources there.

Differentiated materials. So it could be matching the bug with the name, with Velcro pieces [00:21:00] or some people could be writing it in.

So for us it serves their needs, helps with regulation. It's comfortable. It helps for some individuals to get revved up. For some, it has that calming effect. And families will go out there and they'll be out there for hours. It's really great.

Maci: I love hearing that and I'm tearing up because I wasn't mentally prepared or emotionally prepared to come into a space that actually understands the day-to-day. I knew that I was talking to you, but I just wasn't really preparing myself for that, so as I see my son running back and forth and I'm just like, oh my gosh, I would. Love for us to have that. And he's old enough now where when we go out into

parks, he runs and we go to the same places. Same like you were explaining, revisiting a place to help build that confidence. But wow, like that just sounds like a dream.

And I love the hearing about the support that you give the parents to truly recognizing yeah, we sometimes just make it to the parking lot, [00:22:00] so thank you for sharing that cuz that just makes me realize what's possible too

What were the big issues with creating such a inclusive space?

Gail: The biggest challenge would be fundraising as far as the collaboration between the landscape architects and the advisory panel. , no, there really weren't major challenges in that. It was such an, such a fantastic collaboration over about a 15 month period. We met and back then there was not even Zoom , so we had a number of folks who were local who could come and attend the meetings at Letchworth State Park in person.

But there also were, we had people from Rhode Island and Massachusetts and New York City. They would call in for the meetings.[00:23:00]

I would then , synthesize all of the information, send it to the design team. They would fine tune, they would make adjustments to their drawings. And the end result was what we have available today. We did in the end, have to make some accommodations because of course it was a d a compliant, so we had to move certain things like our music circle was further out in the woods, but because it needed to be, wheelchair accessible, we didn't want it to be so far back.

Jen H: I think some of the challenges that came about were first of all, the use. Of the first when we opened, we only opened for a month and so we had about 4,000 people that we counted. And that was not even the people that came on their own. That was just the weekends.

Maci: Do you remember that one in 44 number? This is when it starts to get really big. Right. Because one in 44 children. [00:24:00] May have been diagnosed with autism and need this kind of support in outdoor spaces.

Every one of those kids has a family. Uh, you know, whether it be one parent, two parents, three parents. Grandparents and siblings. Right. So now you have this

giant number of people, this whole community. That now needs that support in an outdoor space.

Jen H: So that's primarily the weekends. We had 4,000 people come through the trail. So we had a lot of traffic on the trail. Doug was telling us who runs Letchworth, he was like, people end up creating their own trail.

And we did have places where people, because things weren't grown in yet. All of a sudden people are like, oh, this is the way we want the trail to go. It's like water. When it runs down a hill or a mountain, it creates its own path and that tells you, that's what the people did when you have 4,000 people come through.

, I think in general there really weren't [00:25:00] too many challenges. It's the things that come about with like where water and they get slippery and ice and things like that.

I'm thinking one of the challenges that we're doing now that we're dealing with now is mainly trying to just get it out, so more people hear about us. So it really is making it like a household name. And it's just, it's gotta be word of mouth.

We've done stuff, but it's the more we can get things out there. We've had some nice, like National Geographic and Forbes and some newspapers and things, but a lot like, a lot of the families who are, we have many families that have multiple children on the spectrum in their home.

They aren't really reading those things. They're chasing people around the house, . So how do we connect with all of these groups so that we can let more families who need to know the families, who really need it, but [00:26:00] are isolated because of their daily grind? And helping them to connect.

So even, and Brittany did a great job last year. We connected with Perry Central School District to give teachers who came to trainings cuz the teachers are really powerful in this. Bringing their classes for field trips and things. So doing some more teacher trainings this fall like we did last year.

I'm even looking at doing maybe a parent mini conference like on a Saturday. Something where parents can learn about tools to help them support their children in the environment. So just getting the word out there is something that we really need to focus on.

Gail: interestingly enough, we have had inquiries from across the country and Brit, I don't know, this is where Brit comes in, cuz she fields all of the inquiries and then she sends them out to , those of us who are closely involved to try to connect.[00:27:00]

Yeah. So do you wanna talk about fielding all of the inquiries that

Maci: Yes. Yeah. Who's expressing an interest? Cuz I think that's something people may not know is that this isn't while it can be for families with autism spectrum disorder, but it could, it's a for everybody, but Yeah. Who's interested?

Britt: Yeah, so the biggest inquiry I get. For through the website is how do we make this in our town or in our region? . So I keep telling Lauren and Gail, they have to come up with a script like

Maci: Absolutely agree.

Britt: And I know Gail stated earlier too, that fundraising is like one of the biggest things is. , it costs a lot of money.

They did a lot of research and then, that first year that we had was a learning curve, like Jen said, just fielding different things that were unexpected, like people creating their own paths. But the thing that sticks with me the most that you said was how it is a place for. a whole [00:28:00] family.

So I serve, kids with autism every single day of my life. But those kids have families and they have siblings and they wanna be able to go someplace that all the kids can enjoy. So here comes the ANT and it's real. Like I have goosebumps right now thinking about it. Cause I know. Students families have done it, but they all go.

So if like grandma and grandpa wanna come over and spend the day with the whole family, they'll all go to the ANT together. And everyone enjoys it. So it's nice being able to see my kids interact in a space that's built for them with their siblings, cuz they don't always get those kinds of opportunities to do that.

And it's a space where they feel comfortable. It's stuff that we've, when we went on the field trips at school, we used all Jen's social stories that she made and the first, then boards and the picture schedules and all that, and navigated through

[00:29:00] the trail for the first time and then, I told their families how amazing they did with the trail on me, with me, so they could go do that themselves too.

And that's what Perry's school is really focusing on, is now that we have the, ANT like in our backyard creating spaces within our community that are ANT friendly spaces. So like the business owners would've gotten the training. About autism and things that they can do to make their business more accommodating to everyone.

Jen H: I wanna piggyback on what Brittany was saying I do this adaptive skiing program and a parent had asked me, when is camp registration opening up? And I'm like, oh, it's opening up now for our Adirondack camp. And she's I really have to get on it.

And I didn't think she had a very good time, like with her family and it, she felt like it was a lot for her son. Even though we had a lot of support, she was just very nervous. And she said we definitely have to [00:30:00] go back because my daughter. Who is typical said she goes, my daughter met so many sibling friends there that they exchanged numbers and they are still in contact with each other and they've all become friends.

So she was asking when some of those other families, what. Session they were gonna be in so that they could connect. And so I was telling her about the Autism Nature Trail and she goes, we need more places where families go because they can connect with somebody where it's like going through the same thing.

And sometimes you're just playing next to that person, but you have a connection. You may be, playing in the sand or building in the design zone, but just knowing somebody else is going through that same thing in their life just gives you some level of connection that you don't have with other people.

And I think that. . Even some of our staff, one of our staff members he's our [00:31:00] youngest member, but he's a sibling and he gets it when other families come. He is so sweet and kind because he gets it.

And so I think that the ANT provides, looking at the whole family. People as teachers, they sit around the table and they talk about, the student. But it's really a whole family dynamic. And the ANT brings a whole family together and other families and people understand when somebody does something, they're like, yeah could be us.

And, Next station and nobody's really judging other people. It's just like this space where it's really judgment free. And we hear parents say that quite often, that they're, they come in and they're all worried what are people gonna think? And then they come back and they're like, oh, it was just so great.

And I was talking to some other families. And that's that's.

Maci: Beyond words powerful because there's [00:32:00] not a lot of support in the nature setting. So that's what I think is so powerful about what you all are doing is providing that non judgmental space in nature, not just in a facility or something like that.

Gail: And Maci, one of our tenants that we are very firm on is this trail. Is for those with autism and other developmental disabilities first, and they are welcomed, they are embraced. It's a place for the neurotypical population to learn from those families who attend. That's, that is we're very firm in that belief.

Jen H: And I forgot who said it, Gail, but it was like it's different because it's not like it's building something and then retrofitting it to, to be for a different group of people. It's actually designed for that group of people and. The rest of the world has [00:33:00] to it's designed for them and everybody is welcome.

So it's not like it's an inclusion where there's something and then you're gonna push this group of people into it. It's it's designed for this group of people, but everybody else is welcome to come. And it's like that, like a backwards type of design. But it's beautiful cuz it's like how the world really should be.

If you. . I even think as a teacher, if all teachers taught to the kid who struggled the most, how wonderful it would be. Like everybody would get the, everybody would get it . And that's what the trail does, so I can't wait for you to come and visit and I'll have to make sure I make a point to be there when you come.

Maci: I'll be letting everyone know when we were able to make it up there, cuz that is something that, it just sounds like a dream come true.

People want to create what and replicate what you have done for their own spaces, and it can happen faster than I.[00:34:00]

We thought it ever could have. So I would encourage you to explore what the guide looks like, and I'm sure any landscape architect would be happy to help with the technical side of things too for providing that part of the guide.

Gail: and you know what? The landscape architects were so fully invested in this program. They loved it. They absolutely loved it. It Several of them said, oh, this is the best project we've ever worked on. So

Jen H: I do see that they're like I know New York State in general has really has a whole initiative for inclusivity and just some of the parks last fall, they came because they would like to replicate it. So it's really great, even working with your local government agencies.

Talking about other places wanting to replicate these. The first one was all those private dollars and things like that. But just knowing that there's such a push in [00:35:00] the community and that it really has become a focus that, that is great. I'm going towards New York City to do a presentation on the Autism Nature Trail and the things that we do as far as programming for other outdoor education specialists. There's just there is more and more people are talking and with the prevalence rate so high, I think so many more people are connected to autism that.

They're seeing such a big need and and even after COVID and even mental health challenges and anxiety and other things, the Autism Nature Trail provides that structure that the social stories that provides the routine, the all those things that work well for people with a s d also work well for.

People with Alzheimer's, with people with all sorts of different types [00:36:00] of cognitive and neurological challenges. Hopefully people are, hearing about the work we're doing and it's getting into government agencies too, and that might be a great way to start as more and more dollars are being put towards.

Which is great. It's just as I'm like ending, my, my career and after teaching for so many years and I'm just watching things change and it's just so amazing. And I'm sure Gail remembers times when the classrooms, my first classroom was in the basement of the school, and to see now. a trail has been built and it's just makes me super proud of the work that we've been doing.

Maci: Thank you so much to the autism nature trail team. I hope that their work inspires you to create more inclusive spaces and get ahead of what is going to

certainly be a need in landscape architecture. [00:37:00] If you want to find out more, visit their website, autism nature, trail.com. Also, if you work within landscape or outdoor spaces. Yeah, just listening to some of those guiding principles on design and talking to other people about the experiences they have with autistic family members or friends in nature.

I can really open up your eyes to create very cool and innovative designs for inclusive spaces. All the resources used in this episode will be posted on the website, thelandscapenerd.com. Also, if you enjoyed this episode, please share it with your friends and family and leave a review on either I think Spotify or apple podcasts, because it means the world and it helps the podcast out more than, you know,

Feel free to check out the Instagram page. I'm on there a lot. And I would love for you to give it a quick follow, but if that's not your thing, if not, none of that is your thing. You might be interested in. [00:38:00] Supporting a different way. Maybe you want to buy some merch because after three years I have finally put together some custom merch in designs and we actually have an autism in landscape shirt.

That I just absolutely adore. If you want to reach out to me for any other reason Feel free to send an email to the landscape nerd@gmail.com. And as always embrace your nerdy side No that you're not alone it's been a pleasure nerding out with you have a great day and i will talk to you soon